

Generic Preventive Measures

The Generic preventive measures include simple public health measures that are to be followed to reduce the risk of COVID 19. These measures need to be observed by all (Teachers, employees and students) in these places at all time.

These include:

1. Physical distancing of at least 6 feet to be followed as far as feasible.
2. Use of face covers/masks to be made mandatory.
3. Frequent hand washing with soap (for at least 40-60 seconds) even when hands are not visible dirty. Use of alcohol-based hand sanitizers (for at least 20 seconds) can be done wherever feasible.
4. Respiratory etiquettes to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing/sneezing with a tissue/handkerchief/flexed elbow and disposing off used tissues properly.
5. Self-monitoring of health by all and reporting any illness at the earliest.
6. Spitting shall be strictly prohibited.
7. Installation and use of Aarogyasetu App may be advised wherever feasible.